

# A la carte treatments & relaxation area

## ♾ TREATMENTS WITH VICHY THERMAL WATER

### "Signature" treatment trilogy

2-hand massage: €169 4-hand massage: €225

Vichy thermal water hydromassage bath + vegeto-mineral mud wrap + Vichy shower 2-hand massage.

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### Vichy shower 4-hand massage *"the original since 1896"*

25 mins: €148

A relaxing synchronised body and face massage under a shower of remineralising Vichy thermal water.

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### Vichy shower 2-hand massage

(or special "prenatal" shower from the 4<sup>th</sup> to the 7<sup>th</sup> month of pregnancy)

25 mins: €78

Relaxing full-body and facial massage under a shower of Vichy thermal water.

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### Vichy salt scrub and Vichy shower

25 mins: €78

Body scrub with Vichy salts, followed by a massage of the back of the body.

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### Thermal mud wrap

25 mins: €78

Body wrap with remineralising, anti-rheumatic thermal mud.

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### Watermass® with Vichy thermal water

25 mins: €78

Slimming device, used with our Vichy thermal water, which helps to eliminate fat and smooth the skin.

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### Hydromassage bath with Vichy thermal water

15 mins: €48

Relaxing massage with jets immersed in Vichy thermal water.

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### Jet shower

12 mins: €51

- Tonic: Toning thermal water jet to improve venous return.
  - Slimming: Helps break down fat and improves blood circulation.
  - Scapulohumeral: Relaxes the middle and upper back.
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### Hydromassage bed

20 mins: €45

Provides a full-body massage and an immediate sensation of well-being and relaxation.



## ∅ CÉLESTINS SIGNATURE TREATMENTS

**Célestins Facial Ritual** **75 mins: €169**  
Anti-ageing and moisturising treatment with a collagen sheet.

**Célestins Purity Facial** **50 mins: €130**  
Personalised skin cleansing.

**Célestins RADIANCE Booster** **25 mins: €80**  
Personalised express facial: cleansing, exfoliation, mask and application of cream.

**Célestins Scrub** **25 mins: €78**  
Body exfoliation with Vichy salt scrub.

**Célestins Velvet** **50 mins: €135**  
Moisturising body wrap and full-body massage with a moisturising balm.

**Célestins Ritual** **75 mins: €169**  
Body scrub, body wrap and full-body massage with a moisturising balm.

**Célestins Men's Ritual** **50 mins: €135**  
Back cleansing, scrub, back mask and massage.

**Célestins Slimming** **50 mins: €135**  
A slimming massage followed by a Cryo gel wrap.

## ∅ FACE AND BODY MASSAGES

All our massages are "non-therapeutic"

♥: our teams' favourites

**Well-being Massage** ♥ **50 mins: €130**  
Relaxing massage of the whole body, face and scalp.

**Abhyangam Massage** ♥ **50 mins: €130**  
Warm oil massage to rebalance energies and soothe (face + body + scalp).

**Célestins Muscle Massage** ♥ **50 mins: €140**  
This deep massage loosens and relieves muscular tension. Toning and revitalising.

**Candle Massage** ♥ **50 mins: €130**  
A neuro-muscular massage of the whole body that provides relaxation with the warmth and scent of the candle.

**Prenatal Massage (4<sup>th</sup> to 7<sup>th</sup> month of pregnancy)** **50 mins: €130**  
An enveloping massage that improves blood circulation and relieves tension.

**Serenity Foot Massage** **50 mins: €130**  
Foot massage inspired by foot reflexology.

**Face Lift Massage** **Radiance lift 25 mins: €78 Deep lift 50 mins: €130**  
Deep massage, stimulates, firms and reveals radiance.

**Vitality Massage** ♥ **25 mins: €85**  
Toning and stimulating back and leg massage.

**Head Spa Massage** **25 mins: €78**  
Scalp massage + eye contour + trapezius, to relieve tension.

**Relaxing Back and Leg Massage** ♥ **25 mins: €78**  
Relaxing back and leg massage.



## Δ HIGH-TECH ANTI-AGEING AND BODY TREATMENTS

**ENDERMOLIFT™ LPG®** **Premium 30 mins: €100 Radiance 20 mins: €70 Zone 10 mins: €50**  
 Facial device: mechanical action that stimulates collagen and elastin fibres.

**Studio Satisform®: Studio Satisform®** **€90**  
 Rebalances the body's schema. ZENDOS offers greater mobility and flexibility.  
 Satisform stretches the body and relieves tension points.

**Cryotherapy** **1 session: €50 5 sessions: €240**  
 Device that releases liquid nitrogen. Improves a wide range of disorders  
 (anti-inflammatory on muscles, sleep, anxiety, blood circulation, etc.).

**Jacquier® air bowl** **1 session: €10**  
 A breathing session that improves cellular exchange and sleep and reduces stress.

**LPG® Body Endermologie** **Targeted areas 20 mins: €48 Full session 35 mins: €90**  
**1st session with assessment and tights (reusable) 45 mins: €110**  
 A device that combines 3 mechanical actions to release fat, smooth and firm.

**Iyashi Dôme®** **1 30 min session: €90**  
 "Japanese sauna" for detox, sleep, preparation, muscle recovery and relaxation.

**Light Legs Ritual** **30 mins: €130**  
 Pressotherapy device and application of a cool gel.

**SkinC supreme anti-ageing treatment** **90 mins: €215**  
 A great anti-ageing treatment that firms, restores radiance, combats wrinkles and moisturises.

**SkinC expert treatment** **60 mins: €159**  
 Anti-ageing with vitamin C; Glycolic acid peel: radiance (September to May); Anti-dark spot;  
 Moisturising with hyaluronic acid; Purifying detox or Soothing detox with botanical extracts.

**SkinC flash treatment** **30 mins: €99**  
 Smoothing eye and lip care.

**Mineral 89** **60 mins: €149 – 25 mins: €95**  
 Cleansing, mask, décolleté massage, facial massage, application of personalised routine.

**300 million new cells** **60 mins: €149**  
 Remineralising bath with cranial massage, cleansing, scrub, mask, décolleté/hand  
 massage, facial massage, application of personalised treatment routine.

**Mineral strength** **60 mins: €149**  
 Remineralising bath with cranial massage, cleansing, scrub, mask, décolleté/hand  
 massage, facial massage, application of personalised treatment routine.

# Thermal Pass at the Célestins Spa Thermal



FROM MONDAY TO FRIDAY - €30

SATURDAY, SUNDAY AND

PUBLIC HOLIDAYS - €40



**1/2 day access including:**  
(subject to availability)

#### **GIANT BATH**

Relax in the giant bath of naturally warm Vichy thermal spring water (around 34°C).

#### **STEAM ROOM & SAUNAS**

The eucalyptus steam room to purify and saunas at different temperatures to detoxify.

#### **ICE FOUNTAIN & COLD WATER BATH**

To stimulate circulation and keep legs light.

#### **CARDIO-TRAINING AREA**

The cardio-training area to wake up your body.

#### **HERBAL TEA ROOM**

Organic herbal tea room.

The Thermal Spa Pass is included with all à la carte treatments and treatment packages.