

# WELL-BEING AND LEISURE BREAKS

THERMAL SPA | 5\* HOTEL | RESTAURANT & BAR | ACTIVITIES

*Vichy, Auvergne*



# Célestins Spa Thermal & Hôtel★★★★★



## *Cultivating a healthy lifestyle in Vichy*

Vy Resort offers you all the facilities you need in one place to enjoy natural health in the heart of the “**Queen of the spa towns**”. Let yourself be carried away by the tranquillity of the surroundings, ideal for relaxation or for the sports activities on offer on site.

Founded around the unique benefits of **Vichy's natural mineral water**, a pure and warm water source, Vy Resort Thermal & Spa invites you to discover a unique approach to integrative thermalism. A holistic approach to health that goes beyond the simple logic of treatments, incorporating prevention, emotional well-being, nutrition and the connection to oneself and to nature. The aim is to enable everyone to live life to the full.

In the heart of an environment recognised as a **UNESCO World Heritage Site** for its spa heritage, Vy Resort offers you a range of treatment experiences, accommodation, restaurants and activities carefully designed to help you cultivate a life sparkling with health in Vichy!

**Vy Resort is also the promise of an exclusive health experience: discover the Célestins Spa Thermal & Hôtel★★★★★**

Here you can enjoy **well-being massages**, the **Vichy Laboratories Institute**, high-tech treatments, the “Signature” treatments with Vichy thermal spring water... an integrative approach to health, in soothing, welcoming surroundings. This **spa hotel** combines the elegance of a five-star hotel with the warm welcome of a space accessible to all for a unique experience.



# Célestins Spa Thermal & Hôtel★★★★★

## **Célestins by Vy Resort Thermal & Spa: the promise of a more sparkling life**

At the Célestins Spa Thermal & Hôtel ★★★★★ every guest can experience the benefits of Vichy.

We respond to your needs with comprehensive, individualised support: a combination of exclusive treatments based on Vichy's 9 thermal springs, an expert dermo-cosmetic range, and a range of personalised physical activities, adapted nutrition and emotional management practices. Well-being, relaxation and comfort... the ideal setting for discovering the French art of living.

## **Treating, relieving, strengthening and preventing: the missions of Vy Resort Thermal & Spa**

Our unique integrative approach to health, combining thermal medicine and complementary disciplines, ensures that you receive comprehensive, personalised care to promote your health, prevention and well-being.

At Vy Resort, you can also have spa treatments for **rheumatology, digestive and metabolic disorders**, as well as **dual orientation\***.

\* To find out more, ask for our 2025 spa brochure.







# Welcome to the Célestins Spa Thermal & Hôtel★★★★★ by Vy Resort

*Cultivating a healthy lifestyle in Vichy*

The spa resort offers a range of medical and wellness treatments, accommodation, catering, leisure and complementary activities all on the same site.  
An all-in-one package for a complete, tailor-made experience!

At the heart of the Vy Resort Thermal & Spa is the Célestins Spa Thermal & Hôtel★★★★★. Direct access to the Thermal Spa, the Health Centre, a gourmet restaurant and a piano bar in a refined setting: a complete package of services tailored to your needs, so you can cultivate a life sparkling with health in Vichy.



Conventional thermal treatments



Preventive health cures



Well-being treatments



Accommodation



Catering



Sport



Groups & seminars



1

Célestins Spa Thermal & Hôtel★★★★★  
Célestins Spa Thermal  
N3 restaurant &  
Blue Note bar



2

Thermes Callou  
Reopening March 2025





**Thermes les Dômes**  
Opening from January  
to March 2025



**Mercure Vichy Hotel\*\*\*\***  
Reopening September 2025

**Résidence les Dômes**  
New in 2026  
Reopening spring 2026

**Brasserie les Dômes**  
Reopening September 2025



**Résidence Callou**  
New in 2025  
Reopening January 2025

**Ibis Vichy Hotel\*\*\***  
Reopening August 2024

**Le Bistrot Auvergnat**  
Opening November 2024



# Destination & tourism

**For a romantic weekend away, a family get-away or a business trip, Vichy is an ideal destination. There are numerous cultural and artistic activities, including the casino, opera, concerts, exhibitions and shows. There is also a host of leisure facilities including golf, tennis, horse riding, rowing, water sports and the chance to discover a magnificent region: the Auvergne!**

With its thermal springs, imperial gardens and sporting and cultural facilities, Vichy is a great place to live, work and relax. From covered promenades to shopping streets, by way of the banks of the Allier, let yourself be carried away by the gentleness of the surroundings.

A veritable green lung, Vichy boasts 140 hectares of parks, each more beautiful than the last, and teeming with rare or exotic species. Centuries-old and remarkable trees rise up before your eyes... A UNESCO World Heritage Site since 2021, timeless, elegant and refreshing, Vichy is sure to win you over for your health, well-being and tourist breaks.

## **Discover Vichy with the Tourist Office tours:**

- Second Empire, Belle Epoque, Vichy's Golden Age
- The Vichy Resistance
- The history of waters, Vichy: 2000 years of thermal baths
- And many more...







# Contents



Vichy thermal water .....	8
Your Thermal Spa with Vichy water .....	9
The Vichy Célestins method .....	10
SkinCeuticals anti-ageing treatments .....	11
The Vichy Laboratories Institute .....	12
Health and nutrition breaks .....	14
Fitness breaks .....	15
Beauty breaks .....	16
Getaways .....	18
A la carte treatments .....	20
The Health Centre .....	24
Célestins Spa Thermal & Hôtel***** .....	26
N3 restaurant and Blue Note bar .....	29
The Célestins shop .....	30
Célestins treatment packages & accommodation .....	32
Practical information and how to book .....	34



## THE MAIN INGREDIENTS

**$\text{NaHCO}_3$**

**Sodium  
bicarbonate**  
Powerful digestive  
and general antacid

**Si**

**Silicon**  
Detoxifier and  
constituent of  
bone cartilage

**Li**

**Lithium**  
Mood  
regulator

**+**

sodium, potassium,  
calcium, magnesium,  
chloride, sulphates





# Your Thermal Spa with Vichy water

Vichy's thermal waters, renowned for their therapeutic properties since ancient times, are one of the town's most emblematic assets.

These waters are loaded with minerals and trace elements that are beneficial to health and the skin.

Their unique composition, rich in sodium, calcium, magnesium and bicarbonates, gives them soothing, revitalising and regenerating properties. Used in thermal treatments for centuries, they are particularly effective in treating skin disorders, digestive problems and joint and muscle pain.

Today, these waters are also used in many cosmetic products, in particular for their firming and moisturising effects on the skin.

**Beauty**, when applied to the skin, Vichy thermal waters rebalance, strengthen and regenerate the skin, making it stronger every day.

**Well-being**, as a "Signature" treatment, they help you to relax and regulate stress, thanks to their anti-inflammatory properties.



# The 5 keys to the Vichy Célestins method

1

## **Dietary consultation**

Included in the Health programmes.  
(Optional for Fitness & Beauty programmes)

2

## **“Signature” treatment trilogy with Vichy thermal spring water**

3

## **Customised expert treatments**

4

## **Personalised physical activity**

5

## **Customised cuisine**





 **SKINCEUTICALS**

ADVANCED PROFESSIONAL SKINCARE

## America's No. 1 professional medical aesthetics brand in the world\*

**The SkinCeuticals brand is used and prescribed by over 8,500 doctors, dermatologists and aesthetic surgeons.**

The formulas used in SkinCeuticals skincare protocols are based on decades of advanced research. They combine a high concentration of pure active ingredients (vitamin C, hyaluronic acid, glycolic acid, etc.) with highly skin-absorbent textures to offer the most demanding women and men a highly effective anti-ageing product. SkinCeuticals offers you a personalised expert skin diagnosis based on SkinScope LED technology. You will be recommended a tailor-made treatment based on an analysis of your skin's needs.

### THE SKINCEUTICALS PHILOSOPHY IS BASED ON 3 PRINCIPLES:

**PREVENT** the signs of premature ageing thanks to antioxidants, which neutralise the free radicals that cause oxidation, leading to skin damage.

**CORRECT** visible signs of ageing to restore a youthful appearance and luminous complexion thanks to a combination of highly concentrated pure active ingredients.

**PROTECT** healthy skin from the harmful effects of UV rays by using sun filters every day.

More information about our treatments on page 22 and on our website [vy-resort.com](http://vy-resort.com)

*Each treatment uses specific anti-ageing formulas and massage techniques adapted to all skin types.*

*The SkinCeuticals range is on sale in the beauty area.*



\*Source: Euromonitor International Limited; Medical Aesthetic Skin Care: includes skin care products sold through medical distribution channels, such as dermatologists and plastic surgeons, and which may be sold through medical spas and online channels; global brand-level rankings at MSP; sold in calendar year 2017; brands included only if based in the United States of America; based on research conducted in February and March 2018.





# VICHY

LABORATOIRES

L'Institut

## Source of strength for your skin

### THE POWER OF VICHY MINERALISING WATER FOR STRONGER, HEALTHIER SKIN

Since its creation in 1931, Vichy Laboratories have been supporting the health and beauty of your skin, with Vichy Mineralising Thermal Spring Water at the heart of their products. Born in the volcanoes of France, enriched with 15 essential minerals during a thousand-year-old journey through extraordinarily diverse rocks, this unique water strengthens the skin against the daily internal and external aggressions of our environment (UV rays, pollution, stress, fatigue, nutritional imbalance, hormonal variations, etc.).

At the Vichy Laboratories Institute, located just a stone's throw from its thermal spring, this mineralising water reveals itself in its most exquisite form. Infused into the core of Vichy products with dermatological active ingredients of natural origin, it is delivered through treatment protocols developed and validated by experts, to transform your skin, rebalance, strengthen and regenerate it.

### YOUR INDIVIDUAL TREATMENT, THE META-MORPHOSIS OF YOUR SKIN: WATER, MASSAGE, ACTIVE INGREDIENTS

Each ritual, defined according to your personalised skin diagnosis, takes into account your lifestyle and how you feel, and transforms your skin step by step, with visible results from the very first treatment. 4 treatment rooms with bath and bed are available. Feel the remineralising freshness of Eau de Vichy sprays and the luxurious textures infused with perfectly balanced active ingredients. Feel your skin plump up as your face and body are reshaped under the expert hands of your dermatopractioner. A moment of pure bliss that addresses the face and body as a whole, lulled by gentle mineral tones.





### PERSONALISED SUPPORT FOR SKIN THAT STAYS STRONGER AND MORE BEAUTIFUL

To prolong the benefits of your treatment, your Vichy dermopractitioner will give you your personalised Vichy treatment programme, with your product ritual, your massage self-gestures and health advice for your skin. Our texture bar is also available for you to sample the sensorial qualities of our skincare textures and discover the natural active ingredient that inspires each skincare range. We do all we can to help you, even after your break, in reconnecting with your sensations and strengthening your skin every day.

There's also a programme just for men!

The Vichy Laboratories product range is on sale at the Institute.

More information about our treatments on page 22 and on our website [vy-resort.com](https://vy-resort.com)

VICHY treatments are sensorial, with comprehensive care for the face and body.

They include a skin diagnosis, a personalised treatment and a recommendation of products to suit your skin type.





# Health & nutrition breaks

## 4 HALF-DAYS OF TREATMENTS

### *Back & joints*

♦ 14 treatments – €855\*

FROM:

**€1,305 PER PERSON**

INCLUDING 4 NIGHTS WITH  
BREAKFAST AND THE TREATMENT  
PACKAGE\*\*

Get lasting relief from aches and pains, relieve tension and improve joint mobility thanks to the benefits of thermal water and our therapeutic and expert treatments.

- 1 dietetic consultation with impedance measurement
- 8 balneotherapy treatments with Vichy thermal water (hydromassage bath, vegeto-mineral mud wrap, Vichy shower 2-hand massage, jet shower, Vichy salt scrub)
- 1 expert treatment per day: Massage therapy, Osteopathy, Cryotherapy, Satisform.
- 1 individual postural coaching

### *Detox*

♦ 16 treatments – €930\*

#### *Tip*

For best results, we recommend you choose the catering option.

FROM:

**€1,380 PER PERSON**

INCLUDING 4 NIGHTS WITH  
BREAKFAST AND THE TREATMENT  
PACKAGE\*\*

Give your body a fresh start and purify your system with a detoxifying diet combined with regenerating treatments and activities.

- 1 dietetic consultation with impedance measurement
- 8 balneotherapy treatments with Vichy thermal water (hydromassage bath, vegeto-mineral mud wrap, Vichy shower 2-hand massage, jet shower, Vichy salt scrub)
- 1 expert treatment per day: LPG TMCORPS Endermologie, lyashi Dôme, Digestive massage, Body cryotherapy
- 1 individual sports coaching session, 2 group classes in thermal water + free-access group fitness classes.

\*Rate per person, excluding accommodation and catering.

\*\*Rate per person for 4 nights with breakfast based on a Deluxe double room with Thermal Spa view at the Célestins Spa Thermal & Hôtel\*\*\*\*\* (low season). Excluding applicable tourist tax. Half-board, full-board or single rooms available. More details on p. 32-33.





# Fitness breaks

## 3 HALF-DAYS OF TREATMENTS

### *Fitness*

◆ 13 treatments – €519\*

FROM:

**€857 PER PERSON**

INCLUDING 3 NIGHTS WITH  
BREAKFAST AND TREATMENT  
PACKAGE\*\*

Enjoy the benefits of Vichy thermal water treatments.

- 1 trilogy of “Signature” treatments with Vichy thermal water: hydromassage bath + vegeto-mineral mud wrap + Vichy shower 2-hand massage
- 1 Jacquier air bowl per day
- 1 group thermal water class + free-access group fitness class.

## 2 HALF-DAYS OF TREATMENTS

### *Flash fitness*

◆ 7 treatments – €305\*

**NEW**

FROM:

**€643 PER PERSON**

INCLUDING 3 NIGHTS WITH BREAKFAST  
AND TREATMENT PACKAGE\*\*

A moment, a soothing interlude to regenerate.

- 1 trilogy of “Signature” treatments with Vichy thermal water: hydromassage bath + vegeto-mineral mud wrap + Vichy shower 2-hand massage
- 1 group thermal water class + free-access group fitness class.

### *Well-being for women*

◆ 9 treatments – €645\*

FROM:

**€983 PER PERSON**

INCLUDING 3 NIGHTS WITH BREAKFAST  
AND TREATMENT PACKAGE\*\*

Take time for yourself, let go and enjoy yourself.

- 1 trilogy of “Signature” treatments with Vichy thermal water: hydromassage bath + vegeto-mineral mud wrap + Vichy shower 2-hand massage
- 1 expert treatment per day: well-being massage, Célestins Purity Facial
- 1 group thermal water class + free-access group fitness classes.

### *Well-being for men*

◆ 9 treatments – €645\*

FROM:

**€983 PER PERSON**

INCLUDING 3 NIGHTS WITH BREAKFAST  
AND TREATMENT PACKAGE\*\*

Recharge your batteries with face and body treatments tailored to your specific needs.

- 1 trilogy of “Signature” treatments with Vichy thermal water: hydromassage bath + vegeto-mineral mud wrap + Vichy shower 2-hand massage
- 1 expert treatment per day: Célestins Men’s Ritual, Célestins Muscle Massage
- 1 group thermal water class + free-access group fitness classes.

\*Rate per person, excluding accommodation and catering.

\*\*Rate per person for 3 nights with breakfast based on a Deluxe double room with Thermal Spa view at the Célestins Spa Thermal & Hôtel\*\*\*\* (low season). Excluding applicable tourist tax. Half-board or full-board, extra nights or accommodation in single rooms available. More details on p. 32-33.



# Beauty breaks

## 5 HALF-DAYS OF TREATMENTS

### Silhouette

♦ 18 treatments – €1,205\*

**NEW**

FROM:

**€2,060 PER PERSON**

INCLUDING 6 NIGHTS' HALF-BOARD  
AND TREATMENT PACKAGE\*\*

Feeling good about your body, feeling good about yourself.

- 1 dietetic consultation with impedance measurement
- 10 balneotherapy treatments with Vichy thermal water (hydromassage bath, vegeto-mineral mud wrap, Vichy shower 2-hand massage, jet shower, Vichy salt scrub)
- 1 expert treatment per day: Endermologie TM Body and LPG targeted zones; Watermass, Pressotherapy, lyashi Dôme
- 1 hydromassage bed session
- 1 individual sports coaching session, 1 group thermal water class + free-access group fitness class.

### Beauty

♦ 18 treatments – €1,290\*

**NEW**

FROM:

**€2,145 PER PERSON**

INCLUDING 6 NIGHTS' HALF-BOARD  
AND THE TREATMENT PACKAGE\*\*

An invitation to serenity and self-care.

- 10 balneotherapy treatments with Vichy thermal water (hydromassage bath, vegeto-mineral mud wrap, Vichy shower 2-hand massage, jet shower, Vichy salt scrub)
- 1 expert treatment per day: Célestins Facial Ritual, Candle Massage, Célestins Velvet, Radiance Booster, Relaxing Back and Legs Massage (25 minutes)
- 1 hydromassage bed session
- 2 sessions of Jacquier air bowl
- Group fitness classes with free access.

\*Rate per person, excluding accommodation and catering.

\*\*Rate per person for 6 nights on a half-board basis in a Deluxe double room with Thermal Spa view at the Célestins Spa Thermal & Hôtel\*\*\*\*\* (low season). Excluding applicable tourist tax. Full board or single room accommodation available. More details on p. 32-33.



## 2 HALF-DAYS OF TREATMENTS

### *Célestins complexion*

♦ 9 treatments – €724\*

FROM:

**€1,062 PER PERSON**

INCLUDING 3 NIGHTS WITH  
BREAKFAST AND TREATMENT  
PACKAGE\*\*

Rediscover mineralised, fortified and radiantly beautiful skin.

- 1 trilogy of “Signature” treatments with Vichy thermal water: hydromassage bath + vegeto-mineral mud wrap + Vichy shower 2-hand massage
- 1 expert treatment per day: Skin diagnosis followed by a Vichy Laboratories Institute treatment (60 mins); LED & Radiofrequency; Endermolift TM LPG Premium Facial
- Group fitness classes with free access.

### *Skin premium*

♦ 9 treatments – €784\*

FROM:

**€1,122 PER PERSON**

INCLUDING 3 NIGHTS WITH  
BREAKFAST AND TREATMENT  
PACKAGE\*\*

Regenerate your skin's cellular activity with an immediate tightening effect.

- 1 trilogy of “Signature” treatments with Vichy thermal water: hydromassage bath + vegeto-mineral mud wrap + Vichy shower 2-hand massage
- 1 expert treatment per day: Skin diagnosis followed by SkinC Suprême anti-ageing treatment (30 mins) LED & Radiofrequency, Endermolift TM LPG Premium Facial
- Group fitness classes with free access.



\*Rate per person, excluding accommodation and catering.

\*\*Rate per person for 3 nights with breakfast based on a Deluxe double room with Thermal Spa view at the Célestins Spa Thermal & Hôtel\*\*\*\* (low season). Excluding applicable tourist tax. Half-board or full-board, extra nights or accommodation in single rooms available. More details on p. 32-33.



# Getaways



FROM 2 DAYS AND 1 NIGHT

## Thermal signature

♦ FROM  
€268 PER PERSON\*

- 1 night in a Deluxe double room with Thermal Spa view and buffet breakfast
- "Signature" treatment trilogy:
  - > Hydromassage bath
  - > Vegeto-mineral mud wrap
  - > Vichy shower 2-hand massage

## In harmony

♦ FROM  
€268 PER PERSON\*

- 1 night in a Deluxe double room with Thermal Spa view and buffet breakfast
- 1 massage of your choice\* lasting 25 mins
- 1 Célestins radiance-boosting facial treatment

\*from: Head Spa, Radiance Face Lift or Relaxing Back and Legs



## Massage

♦ FROM  
**€274 PER PERSON<sup>1</sup>**

- 1 night in a Deluxe double room with Thermal Spa view and buffet breakfast
- 1 50-minute massage of your choice\*
- 1 hydromassage bed

\*except for the Célestins muscle massage

## In love

♦ FROM  
**€460 FOR 2 PEOPLE<sup>1</sup>**

- 1 night in a Deluxe double room with Thermal Spa view, buffet breakfast and 1 bottle of champagne<sup>2</sup>
- 1 relaxing 25-minute back and leg massage in a duo treatment room

## Duo birthday

♦ FROM  
**€569 FOR 2 PEOPLE<sup>1</sup>**

- 1 night in a Deluxe double room with Thermal Spa view and buffet breakfast
- 1 bottle of champagne<sup>2</sup> and 1 birthday cake from our pastry chef, Sébastien Bonnamour (for 2 people, per stay)
- 1 50-minute Well-being body massage in a duo treatment room

## FROM 3 DAYS AND 2 NIGHTS

## Discover Célestins

♦ FROM  
**€443 PER PERSON<sup>1</sup>**

- 2 nights in a Deluxe double room with Thermal Spa view and buffet breakfast
- 1 jet shower
- 1 Vichy salt scrub
- 1 hydromassage bath with thermal water
- 1 relaxing back and leg massage
- 1 Jacquier air bowl



<sup>1</sup> Rates shown for the cheapest period of the year, for 1 night or 2 nights based on a Deluxe double room with Thermal Spa view at the Célestins Spa Thermal & Hôtel\*\*\*\*\*. Excluding applicable tourist tax. Half-board or full-board can be arranged, as well as additional treatment days. Price rounded up to the nearest unit.

<sup>2</sup> Alcoholic beverages mentioned on this page should be consumed in moderation.

# A la carte treatments & relaxation area

## ◊ TREATMENTS WITH VICHY THERMAL WATER

### *"Signature"* treatment trilogy

2-hand massage: €169 4-hand massage: €225

Vichy thermal water hydromassage bath + vegeto-mineral mud wrap + Vichy shower 2-hand massage.

### Vichy shower 4-hand massage *"the original since 1896"*

25 mins: €148

A relaxing synchronised body and face massage under a shower of remineralising Vichy thermal water.

### Vichy shower 2-hand massage

(or special "prenatal" shower from the 4<sup>th</sup> to the 7<sup>th</sup> month of pregnancy)

25 mins: €78

Relaxing full-body and facial massage under a shower of Vichy thermal water.

### Vichy salt scrub and Vichy shower

25 mins: €78

Body scrub with Vichy salts, followed by a massage of the back of the body.

### Thermal mud wrap

25 mins: €78

Body wrap with remineralising, anti-rheumatic thermal mud.

### Watermass® with Vichy thermal water

25 mins: €78

Slimming device, used with our Vichy thermal water, which helps to eliminate fat and smooth the skin.

### Hydromassage bath with Vichy thermal water

15 mins: €48

Relaxing massage with jets immersed in Vichy thermal water.

### Jet shower

12 mins: €51

- Tonic: Toning thermal water jet to improve venous return.
- Slimming: Helps break down fat and improves blood circulation.
- Scapulohumeral: Relaxes the middle and upper back.

### Hydromassage bed

20 mins: €45

Provides a full-body massage and an immediate sensation of well-being and relaxation.



## 🔹 CÉLESTINS SIGNATURE TREATMENTS

**Célestins Facial Ritual** 75 mins: €169  
Anti-ageing and moisturising treatment with a collagen sheet.

**Célestins Purity Facial** 50 mins: €130  
Personalised skin cleansing.

**Célestins RADIANCE Booster** 25 mins: €80  
Personalised express facial: cleansing, exfoliation, mask and application of cream.

**Célestins Scrub** 25 mins: €78  
Body exfoliation with Vichy salt scrub.

**Célestins Velvet** 50 mins: €135  
Moisturising body wrap and full-body massage with a moisturising balm.

**Célestins Ritual** 75 mins: €169  
Body scrub, body wrap and full-body massage with a moisturising balm.

**Célestins Men's Ritual** 50 mins: €135  
Back cleansing, scrub, back mask and massage.

**Célestins Slimming** 50 mins: €135  
A slimming massage followed by a Cryo gel wrap.

## 🔹 FACE AND BODY MASSAGES

All our massages are “non-therapeutic”

♥: our teams' favourites

**Well-being Massage** ♥ 50 mins: €130  
Relaxing massage of the whole body, face and scalp.

**Abhyangam Massage** ♥ 50 mins: €130  
Warm oil massage to rebalance energies and soothe (face + body + scalp).

**Célestins Muscle Massage** ♥ 50 mins: €140  
This deep massage loosens and relieves muscular tension. Toning and revitalising.

**Candle Massage** ♥ 50 mins: €130  
A neuro-muscular massage of the whole body that provides relaxation with the warmth and scent of the candle.

**Prenatal Massage (4<sup>th</sup> to 7<sup>th</sup> month of pregnancy)** 50 mins: €130  
An enveloping massage that improves blood circulation and relieves tension.

**Serenity Foot Massage** 50 mins: €130  
Foot massage inspired by foot reflexology.

**Face Lift Massage** Radiance lift 25 mins: €78 Deep lift 50 mins: €130  
Deep massage, stimulates, firms and reveals radiance.

**Vitality Massage** ♥ 25 mins: €85  
Toning and stimulating back and leg massage.

**Head Spa Massage** 25 mins: €78  
Scalp massage + eye contour + trapezius, to relieve tension.

**Relaxing Back and Leg Massage** ♥ 25 mins: €78  
Relaxing back and leg massage.





## Δ HIGH-TECH ANTI-AGEING AND BODY TREATMENTS

**ENDERMOLIFT TM LPG®** **Premium 30 mins: €100 Radiance 20 mins: €70 Zone 10 mins: €50**  
Facial device: mechanical action that stimulates collagen and elastin fibres.

**Studio Satisform®: Studio Satisform®** **€90**  
Rebalances the body's schema. ZENDOS offers greater mobility and flexibility.  
Satisform stretches the body and relieves tension points.

**Cryotherapy** **1 session: €50 5 sessions: €240**  
Device that releases liquid nitrogen. Improves a wide range of disorders  
(anti-inflammatory on muscles, sleep, anxiety, blood circulation, etc.).

**Jacquier® air bowl** **1 session: €10**  
A breathing session that improves cellular exchange and sleep and reduces stress.

**LPG® Body Endermologie** **Targeted areas 20 mins: €48 Full session 35 mins: €90**  
**1st session with assessment and tights (reusable) 45 mins: €110**  
A device that combines 3 mechanical actions to release fat, smooth and firm.

**Iyashi Dôme®** **1 30 min session: €90**  
"Japanese sauna" for detox, sleep, preparation, muscle recovery and relaxation.

**Light Legs Ritual** **30 mins: €130**  
Pressotherapy device and application of a cool gel.

**SkinC supreme anti-ageing treatment** **90 mins: €215**  
A great anti-ageing treatment that firms, restores radiance, combats wrinkles and moisturises.

**SkinC expert treatment** **60 mins: €159**  
Anti-ageing with vitamin C; Glycolic acid peel: radiance (September to May); Anti-dark spot;  
Moisturising with hyaluronic acid; Purifying detox or Soothing detox with botanical extracts.

**SkinC flash treatment** **30 mins: €99**  
Smoothing eye and lip care.

**Mineral 89** **60 mins: €149 – 25 mins: €95**  
Cleansing, mask, décolleté massage, facial massage, application of personalised routine.

**300 million new cells** **60 mins: €149**  
Remineralising bath with cranial massage, cleansing, scrub, mask, décolleté/hand  
massage, facial massage, application of personalised treatment routine.

**Mineral strength** **60 mins: €149**  
Remineralising bath with cranial massage, cleansing, scrub, mask, décolleté/hand  
massage, facial massage, application of personalised treatment routine.

# Thermal Pass at the Célestins Spa Thermal



FROM MONDAY TO FRIDAY - €30

SATURDAY, SUNDAY AND

PUBLIC HOLIDAYS - €40



**1/2 day access including:**  
(subject to availability)

## GIANT BATH

Relax in the giant bath of naturally warm Vichy thermal spring water (around 34°C).

## STEAM ROOM & SAUNAS

The eucalyptus steam room to purify and saunas at different temperatures to detoxify.

## ICE FOUNTAIN & COLD WATER BATH

To stimulate circulation and keep legs light.

## CARDIO-TRAINING AREA

The cardio-training area to wake up your body.

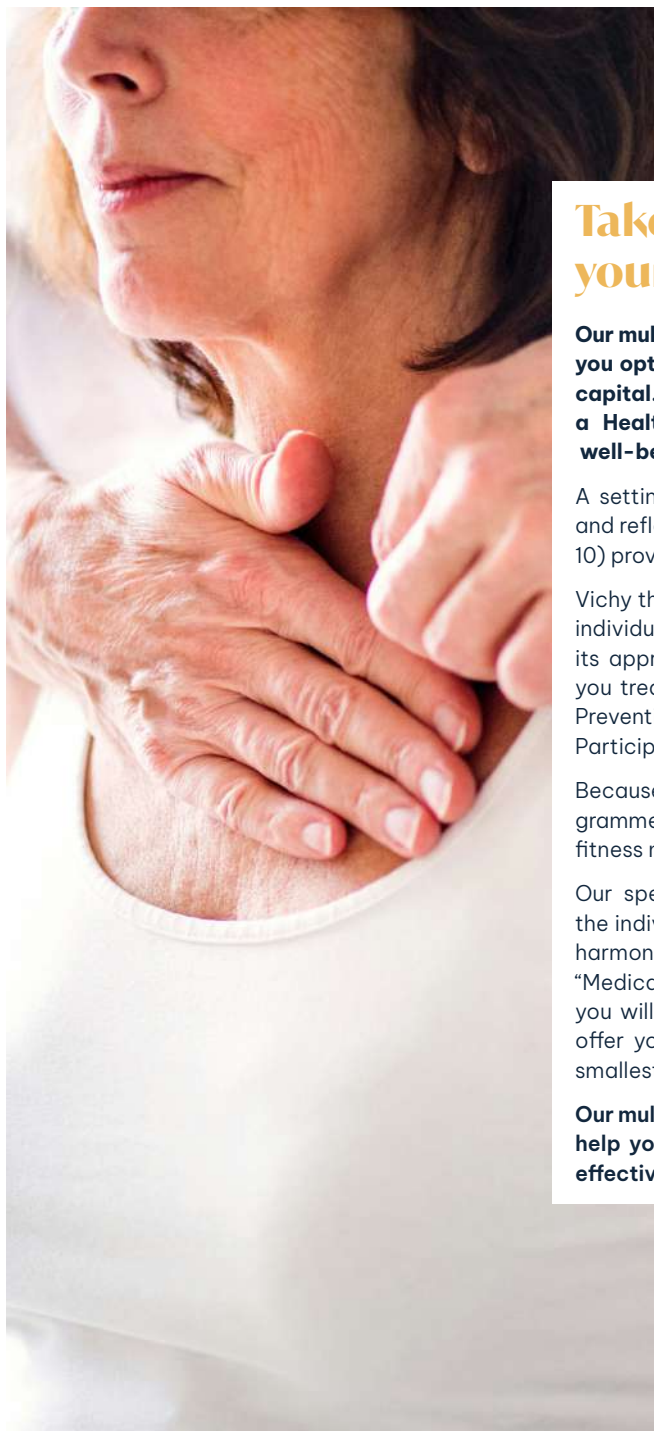
## HERBAL TEA ROOM

Organic herbal tea room.

The Thermal Spa Pass is included with all à la carte treatments and treatment packages.



# Vichy Health Centre



## Take control of your health

**Our multidisciplinary teams are here to help you optimise your Health, Beauty & Fitness capital. The Célestins Thermal Spa includes a Health Centre as well as anti-ageing well-being and beauty areas.**

A setting conducive to relaxation, dialogue and reflection. Our “Vichy Method” (see page 10) provides comprehensive, individual care.

Vichy thermal medicine, which considers the individual as a whole, is constantly expanding its approach to natural therapies. We offer you treatment programmes enriched by the Preventive, Predictive, Personalised and Participative approach.

Because you're unique, your treatment programme is tailored to your health, beauty and fitness needs.

Our specialists are the best guarantors of the individuality of your break. Thanks to the harmonious communication between our “Medical Spa” and “Hotel” areas of expertise, you will be able to appreciate our desire to offer you a personalised stay, down to the smallest detail.

**Our multidisciplinary experts are on hand to help you manage your health capital more effectively.**



# **A 100% relaxing break in Vichy**





# Célestins Spa Thermal & Hôtel★★★★★



Our 5★ spa hotel welcomes you for a well-being break in the heart of Vichy. The Célestins Spa Thermal & Hôtel★★★★★ by Vy Resort offers a premium, all-round health break in a luxurious, refined setting, based on the benefits of thermal water and the expertise of our professionals. Several types of rooms are available:

## *Standard room Park view*

♦ Approx. 32 m<sup>2</sup> – 1 person

This single room has a private bathroom with hairdryer, bathrobe and slippers.

### **At your disposal:**

- 140 cm bedding,
- Mini bar and courtesy tray,
- Wardrobe,
- Safe deposit box,
- Television.

## *Deluxe room Thermal Spa view or Park view*

♦ Approx. 35 m<sup>2</sup> – 1 to 2 people

Each Deluxe room (35 m<sup>2</sup>) is soothing and refined, contributing to the well-being and relaxation of our guests. You can choose a Deluxe room with Thermal Spa view or a Deluxe room with Park view and terrace option, to be specified at the time of booking (supplement applies, subject to availability).

A Deluxe room has a 180 cm king-size bed with mattress topper, a marble bathroom with bath, shower, dressing table with hairdryer, WC or separate WC, television and storage space.



## Junior Suite Park view

- ◆ Approx. 55 m<sup>2</sup> – 1 to 2 people



Each 55 m<sup>2</sup> Junior Suite is uniquely decorated, ideal for a romantic break. The large windows let in plenty of natural light, with magnificent views over the hotel's spacious terrace and the Napoleon III park.

The Junior Suite has a lounge area with sofa, coffee table and chairs, and a bedroom area with a 200 cm super king-size bed with mattress topper.

## Deluxe Suite Park view

- ◆ Approx. 66 m<sup>2</sup> – 1 to 2 people



You will appreciate the comfort and refinement of our Deluxe suites, with their separate lounge and panoramic view of the Napoleon III park.

### At your disposal:

- 200 cm super king-size bed with mattress topper,
- Marble bathroom with large bath, shower and dressing table with hairdryer,
- Living room separate from bedroom,
- 2 televisions,
- Dressing room.

## Presidential Suite

- ◆ Approx. 120 m<sup>2</sup> – 1 to 2 people



At 120 m<sup>2</sup>, the majestic Presidential Suite gives you an apartment's worth of space.

You will have the pleasure of relaxing in an elegant and comfortable suite with a study, a large dressing room, a sublime, roomy bathroom with Italian marble, a spacious bedroom with a 200 cm super king-size bed, a comfortable lounge and a double private terrace with a panoramic view of the town, the park and the Allier nautical stadium.



**Our 5★ spa hotel offers a wide range of services to make your stay an unforgettable experience.**

#### **Direct access to Célestins Spa Thermal**

(supplement applies)

You'll enjoy direct access to the Célestins Spa Thermal from your room, for your utmost comfort!

#### **Services & equipment**

- Restaurant and bar
- Indoor and outdoor swimming pool on the top floor
- 24-hour reception
- Room service
- Check-in 3.00 pm & check-out 12.00 pm (early check-in or late check-out at extra charge)
- Pets allowed (supplement)
- Paid car park with valet parking (Tesla terminals available)
- PRM access
- Air conditioning
- Telephone line
- Bath and/or shower
- Safe deposit box
- Courtesy tray
- Hair dryer
- Mini-bar
- Free Wi-Fi
- Cable or satellite television







The Blue Note bar and the N3 restaurant, both located on the ground floor of the Célestins Spa Thermal & Hôtel\*\*\*\*\* will delight your taste buds during your stay in Vichy.

## N3 restaurant

**A subtle blend of traditional cuisine and modern culinary trends**

With its modern decor and creative cuisine, N3 offers an innovative and adventurous culinary experience. The restaurant serves dishes that combine classic flavours with modern culinary techniques, for original and exciting creations. Its healthy cuisine is all about flavours that combine creativity and gourmet pleasure with lightness, and which, in the same spirit of balance, are based around revisited regional dishes. The N3 restaurant has a panoramic terrace overlooking the park, so you can enjoy wonderful food and views.



### Rates per person, N3 restaurant

Buffet breakfast	€28
Buffet lunch	€28
2-course dinner	€40
3-course dinner	€48



## Blue Note bar

**A themed bar with a relaxed, jazzy atmosphere**

A true paradise for music and cocktail lovers. With its relaxed, jazzy atmosphere, this venue exemplifies the spirit of a themed bar, creating an immersive experience for its customers. The Blue Note's personality is strongly influenced by jazz and musical culture, offering a vibrant and lively atmosphere.

Make a date with comfort, relaxation and well-being in the heart of the Blue Note Bar lounge or, in fine weather, on the park-side terrace.



## The shop

**Discover our wide range of products:** bathrobes, a wide range of men's and women's swimming costume sizes, effervescent bath pebbles with Vichy salts, Célestins shampoos and shower gels.

Mineral salts from Vichy sources, organic herbal teas from the region, Vichy pastilles, the D-Lab range, as well as souvenirs and gift ideas around well-being: candles and room fragrances, collectible glass bottles, "Vichy screen-printed" glasses presented in a curist's basket, sandals, toiletries, etc.

# Your complete seminar package

- ♦ 129 rooms
- ♦ 7 seminar rooms
- ♦ 1 restaurant & 1 bar

 **Célestins**  
*by* VY RESORT THERMAL & SPA

**Study day**  
from  
**€ 88\***

**Residential seminar**  
from  
**€ 290\***

\*price per person, see conditions from our group services

Vy Resort Thermal & Spa  
1 & 3 avenue Eisenhower  
03200 VICHY

[vy-resort.com](http://vy-resort.com) ▶  
f vyresortthermal @ Vyresort

Reservations:  
[reservationgroupe@vy-resort.com](mailto:reservationgroupe@vy-resort.com)  
+33 (0)4 70 30 82 62





# Célestins treatment & accommodation packages



Season	Arrival date	Departure date
Low season	25/01/2025	04/04/2025
	11/11/2025	23/12/2025
Mid season	05/04/2025	26/06/2025
	31/08/2025	10/11/2025
	24/12/2025	31/12/2025
High season	27/06/2025	30/08/2025

3-night stays with treatment packages				
Price per person based on Deluxe double room with Thermal Spa view with breakfast				
		LS	MS	HS
<b>"Flash" fitness</b>	2 days of treatments	€643	€650	€688
<b>Fitness</b>	3 days of treatments	€857	€864	€902
<b>Well-being for men/women</b>	2 days of treatments	€983	€990	€1,028
<b>Célestins complexion</b>	2 days of treatments	€1,062	€1,069	€1,107
<b>Skin premium</b>	2 days of treatments	€1,122	€1,129	€1,167
single supplement		€254	€261	€299
supplement for accompanying person without treatments		€338	€345	€383
dinner supplement*		€120	€120	€120
lunch and dinner supplement**		€176	€176	€176

\* 3 2-course dinners excluding drinks

\*\* 2 buffet breakfasts and 3 2-course dinners





## 4-night stays with treatment packages

Price per person based on Deluxe double room with Thermal Spa view with breakfast

		LS	MS	HS
<b>“Flash” fitness</b>	2 days of treatments	€755	€755	€795
<b>Fitness</b>	3 days of treatments	€969	€969	€1,009
<b>Well-being for men/women</b>	2 days of treatments	€1,095	€1,095	€1,135
<b>Célestins complexion</b>	2 days of treatments	€1,174	€1,174	€1,214
<b>Skin premium</b>	2 days of treatments	€1,234	€1,234	€1,274
<b>Back and joints</b>	4 days of treatment	€1,305	€1,305	€1,345
<b>Detox</b>	4 days of treatments	€1,380	€1,380	€1,420
single supplement		€338	€338	€378
supplement for accompanying person without treatments		€450	€450	€490
dinner supplement*		€160	€160	€160
lunch and dinner supplement**		€244	€244	€244

\* 4 2-course dinners excluding drinks

\*\* 3 buffet breakfasts and 4 2-course dinners

## 6-night stays with Silhouette or Beauty package

Price per person based on double Deluxe room with Thermal Spa view and half board

		LS	MS	HS
<b>Beauty</b>	5 days of treatments	€2,145	€2,175	€2,250
<b>Silhouette</b>	5 days of treatments	€2,060	€2,090	€2,165
single supplement		€447	€477	€552
supplement for accompanying person without treatments		€855	€885	€960
lunch supplement*		€168	€168	€168

\* 6 buffet lunches

Please contact us for rates in other room categories



### Package prices include:

- Overnight accommodation in a Deluxe room with Thermal Spa view, including breakfast or half-board depending on the package chosen
- Free access to the thermal spa during your half-day treatments (subject to availability)
- The chosen treatment programme

### These prices do not include:

- Tourist taxes
- Meals except breakfast or half-board, depending on the package chosen



# How to book

## • Contact us by phone:

**+33 (0)800 30 00 63**

Freephone in France only

## • Contact us by e-mail:

**resa@vy-resort.com**

## • Please write to us at:

Vy Resort Thermal & Spa  
1 & 3 Avenue Eisenhower  
03200 VICHY

## • You can also:

Visit our website **vy-resort.com** and make your reservation online.



## LEGAL INFORMATION

Compagnie de Vichy (trade name: Vy Resort Thermal & Spa), a public limited company with share capital of €5,680,000, registered in the Cusset Trade and Companies Register under no. 542 105 291, with registered offices at 1 and 3 avenue Eisenhower, 03200 Vichy. VAT no. FR 14 542 105 29. The company is authorised to provide spa treatments under contract under Finess no. 03 078 004 3. All postal correspondence should be addressed to: Compagnie de Vichy, 1 et 3 avenue Eisenhower, BP 2138, 03201 Vichy Cedex, and e-mails to: [resa@vy-resort.com](mailto:resa@vy-resort.com). Making a reservation or placing an order implies prior knowledge and unreserved acceptance of the general and special terms and conditions of sale, which can be sent by post or e-mail or downloaded from the [www.vy-resort.com](http://www.vy-resort.com) website. Only services covered by an agreement may be reimbursed by a primary health insurance scheme. The information is valid for any stay or service provided between 1 January and 31 December 2025 for the benefit of a private individual acting as a consumer, subject to availability and error. However, as the documentation is subject to change without notice, the booking or ordering conditions applicable are those in the commercial documentation in force on the day of the booking/order. The visual illustrations contained in the brochures and documentation provided by the Company have no contractual value and are for information only. The trademarks mentioned are the property of the Company unless otherwise stated. Rates are valid for services provided between 1 January and 31 December 2025, subject to promotional offers or price changes.

# Practical information

## DIRECT ACCESS TO CÉLESTINS SPA THERMAL

You'll enjoy direct access to the Célestins Spa Thermal from your room, for your utmost comfort!

## TERMS AND CONDITIONS OF SALE: VY-RESORT.COM

Pack your suitcase: We provide bathrobes, bath towels and a pair of disposable flip-flops. Don't forget to bring a swimming costume and full sports kit to use the indoor sports facilities.

Access for the disabled: Our team will be happy to advise you on the most suitable treatments.

Contraindication questionnaire: On your arrival, we will ask you to complete a questionnaire stating that you have no medical contraindications for any of the treatments and activities at the Célestins Spa Thermal.

Access to the Célestins Spa Thermal: For everyone's well-being, please put your mobile phone on silent mode. We expect you to wear a swimming costume and bathrobe with non-slip sandals or flip-flops, or a full sports kit (no street clothes). We invite you to take a shower before accessing the treatments and relaxation areas. In order to respect everyone's modesty and Privacy, total nudity is not permitted in the Spa, particularly in the steam room and saunas. You will be given disposable pants at the start of each treatment. Bathrobes must be worn in public areas.

Access to the Célestins Spa Thermal is only permitted for those aged 16 and over: A parental waiver is required for treatment.

Treatment time and booking: The time indicated is the time taken for the treatment. Any delay in treatment will not be compensated. Please arrive 15 minutes before your first treatment. We recommend that you book in advance so that you can choose the treatments and time slots that suit you best. A deposit of 25% of the total cost of your booking will be required. Your reservation constitutes a firm order which, if not cancelled 24 hours in advance, will be payable in full.

Availability of your room or suite: Your Deluxe or Suite room is available from 3 p.m. on the day of arrival and must be vacated by 12 noon on the day of departure. Early check-in and late check-out are available on request and subject to availability.

The tourist tax: Our prices include VAT, but do not include the tourist tax in force (city of Vichy) for our hotels.

Pets: They are welcome in the main part of the hotel (in their room) but cannot be admitted to the Thermal Spa, our restaurant or our bar for reasons of hygiene. For a pet supplement, please make a request at the time of booking. See conditions on our website.

Parking: A covered car park opposite the hotel with valet parking and luggage service is available at an additional cost. Partner of the Tesla Recharge Destination network.



# Explore our Célestins gift experiences



Célestins

by VY RESORT THERMAL & SPA

**Discover all our gift experiences in our online shop**

Vy Resort Thermal & Spa  
1 & 3 avenue Eisenhower  
03200 VICHY

**[vy-resort.com](https://vy-resort.com)** ►  
[resa@vy-resort.com](mailto:resa@vy-resort.com)  
f [vyresortthermal](#) @ [Vyresort](#)

Reservations:  
**[vy-resort.secretbox.fr](https://vy-resort.secretbox.fr)**  
**+33 (0)800 30 00 63** Freephone in France only



# Cultivating a healthy lifestyle in Vichy



## How to get to Vichy

### By car

- from Paris: **4 hours**
- from Lyon: **2 hours 10 mins**
- from Clermont-Ferrand: **45 mins**
- from Geneva: **3 hours 30 mins**
- from Montpellier: **3 hours 45 mins**
- from Bordeaux: **4 hours**

### By plane

Clermont-Ferrand Auvergne Airport  
45 mins from Vichy  
Tel. +33 (0)4 73 62 71 00  
[www.clermont-aeroport.com](http://www.clermont-aeroport.com)

### By train

Vichy station is located in the town centre, around 10 minutes' walk and 5 minutes by bus on line A from the spa centres and hotels.

- from Paris <sup>DIRECT</sup>: **3 hours**
- from Lyon <sup>DIRECT</sup>: **2 hours**
- from Clermont-Ferrand <sup>DIRECT</sup>: **30 mins**
- from Geneva: **4 hours**



Vy Resort Thermal & Spa  
1 & 3 avenue Eisenhower  
03200 VICHY

[resa@vy-resort.com](mailto:resa@vy-resort.com)  
[vy-resort.com](http://vy-resort.com)

[@vyresortthermal](https://www.instagram.com/vyresortthermal)  
[f](https://www.facebook.com/vyresortthermal) [i](https://www.instagram.com/vyresortthermal)

**+33 (0)800 30 00 63**  Freephone in France only